

My child needs intensive mental health help!

Q: What are my options?

A: Children's Mental Health Wraparound Program (CMHW)

My child...

- is aggressive
- has been suspended multiple times from school
- has experienced psychiatric hospitalizations
- has been involved in multiple disciplinary systems (child welfare, juvenile justice, special education, etc.)
- has an Individualized Education Plan (IEP)
- has not had success with traditional mental health services
- engages in self-harm or self-injury (hurting his/herself, suicidal, reckless behavior, making hopeless/worthless statements, etc.)

If you checked several boxes, your child may be eligible for the CMHW program.

The CMHW program is currently targeted to address the needs of youth with complex needs and/or in danger of out-of-home placement. The program utilizes a wraparound approach designed to keep children in their communities, producing better outcomes at a lower cost.

What is High Fidelity Wraparound?

High Fidelity Wraparound is an evidenced based process that provides a comprehensive, holistic, youth and family driven way of responding when children or youth experience serious mental health or behavioral challenges.

It involves a committed team comprised of family, friends, community and professional supports to collaboratively develop an individualized plan of care. The team creates a plan of care that includes resources, talents and strengths to address the underlying needs of the youth.

Is my child eligible for the CMHW program?

The eligibility requirements for the CMHW program are:

- > Child/youth must be between 6 – 17 years of age
- > Child/youth must live in the community
- > Child must be eligible for Indiana Medicaid
- > Child must have two qualifying mental health diagnoses*

* An assessment is required to determine eligibility

How do I get my child into the CMHW program?

Contact your local Community Access Site to schedule an assessment appointment.

The contacts can be found online at: in.gov/fssa/dmha

The High Fidelity Wraparound approach:

Includes:

- > Family partnerships
- > Different plan for each youth
- > Focus on strengths to resolve problems
- > Professionals partner with families for solutions
- > Natural supports and professional services
- > Single plan with cross-system integration
- > “What happened to you?”

Does not include:

- > Family blaming
- > Same plan for all youth
- > Focus on problems
- > Professionals have all the answers
- > Only professional services
- > Multiple plans for youth
- > “What’s wrong with you?”

Principles of the Wraparound Process

- > Family voice and choice
- > Individualized
- > Strengths based
- > Natural supports
- > Collaboration
- > Unconditional care
- > Community based
- > Culturally competent
- > Team based
- > Outcomes based